

Community Wellbeing Offer

Who can access our services? - Any person over 18, who is:

Living alone

Learning disabilities

Socially isolated

Physical disabilities

Mental Health difficulties

Dementia sufferer

History of falls

If you are a Carer

Care and support services in place

Feels they would benefit from any of the services below

Over 65



Community Wellbeing Hubs

Our Community Wellbeing Hubs provide advice and support for vulnerable adults in North Lincolnshire.

Activities in the hubs and local community will vary and may include:

- Activities such as craft, reminiscence, healthy eating, chair based exercise, tabletop games, kurling, archery and discussion of current affairs
- Support to access employment and meaningful activity
- Activities and support for carers
- A wellbeing check
- Targeted workshops on issues such as dementia, nutrition, home and personal safety
- Access to health services and other health topics
- Volunteering opportunities
- Information and signposting to other services

1:1 Support

The Community Wellbeing Team can offer short term 1:1 support to help people access community activities and other services or support.

Community Responder Team

Prompt response to requests for support from 8am to 8pm, 7 days a week, 365 days a year by a team of staff based across North Lincolnshire.

- Support to access befriending services; access activities provided by Community Wellbeing Hubs; local clubs, voluntary or community organisations.
- Access other services e.g. health, housing and benefits.
- Access home safety equipment e.g. pendant alarms, key safes, aids and adaptations.
- Understand correspondence and/or enquiries regarding completion of forms to enable independence in own home.

An out of hours response service to pendant alarm holders.

Wellbeing Checks

A member of the team will meet with you either in a Community Wellbeing Hub or in your home. They will discuss topics such as activities in the community, safety, transport and anything else you want to discuss, have concerns about or are interested in.

Contact Details

For more information on what the Community Wellbeing Team can offer, please call 01724 297212